

Nov/Dec 2025

NEWSLETTER



FROM THE ED'S OFFICE

Hello WFRC Families,
Our program year is off and running! We've had great fun in our fall programs with the Growing up Green class going on a bear hunt, the Toddler Shenanigans class visiting countries all over the world and the Kit & Kaboodle class learning all about different jobs like baker, construction worker and more!

We have a fun line-up of programs coming up for November and December too. Take a look for registration details, as well as other WFRC news!

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Executive Director

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Photo: Cleaning mini
pets in Kit & Kaboodle:
Work, Play, Imagine

Nov/Dec 2025 PROGRAMS



REGISTRATION

Program registration begins on Monday, October 27th at 9am, and ends Wednesday, October 29th at 12noon.

You can register on our website, wfrc.ca, under the "Register" tab. Confirmations will be sent out Thursday, October 30th before 5pm.

COOKING WITH MS. CASSIE (AGES 4-5)

Mondays, November 10 – December 15, 9:30–11

Your kids can truly be a help in the kitchen! In this program they will learn knife skills and oven/stove safety, as well as what a healthy plate looks like. And we'll all enjoy some tasty treats along the way!



COUNTDOWN TO CHRISTMAS - MS. CRYSTAL (AGES 2-5)

Wednesdays, November 12 – December 17, 9:30–11

Each class we will have fun celebrating the Christmas season while introducing early math concepts like size, shapes, adding/subtracting and patterns. Snack is provided but please bring a water bottle.



KIT & KABOODLE: WINTER WONDERLAND - MS. CHRISSY (AGES 3-5)

Thursdays, November 13 – December 18, 9:30–11

Explore, learn and have fun with seasonal activities, crafts, snacks and more! Please bring a water bottle.



TWO PEAKS BREASTFEEDING CLASS- EXPECTING MOMS Monday December 15, 10 – 11:30

Expecting a baby and want to learn more about breastfeeding? This one hour session will go over latch, positioning, common problems, and community resources with time at the end for discussion and questions



STAY & PLAY (AGES 0-5)

Fridays, 9am–Noon

(closed October 24, November 21, December 5)

No registration required!

Drop in at WFRC anytime between 9am–noon to enjoy unstructured play with your child, have a cup of coffee and a snack, and delight in conversation with fellow caregivers.