

Fall 2026

NEWSLETTER



FROM THE ED'S OFFICE

Hello WFRC Families,
Welcome back to our regularly scheduled programming! We hope you had a wonderful summer full of beautiful weather, family time and fun activities! We are so looking forward to seeing all of your smiling faces again and meeting new friends and families!

We have lots of great programs coming up in September and October that we hope you will enjoy. Take a look through this newsletter for all the details and remember to register via our website on September 1st.

We are so excited to bring a couple new programs to our Centre in fall. We will have our very first Baby and Me drop in program on Monday Sept 21st, from 9:30 – 11. We are also very excited to be able to bring to you the Attachment 101 workshop from Strong Minds, Strong Kids Psychology Canada on October 22 at 7pm. Stay tuned for details and registration for that!

And last but definitely not least we have a fundraiser partnership coming up with Mulligans on October 14th. Watch our social media for details to come!

Monica Dueck
Executive Director

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Phone or Email for more
options

ANNUAL GENERAL MEETING

Please join us September 14, 2026 at
6:30 in the Emmanuel Mennonite
Church Fellowship Hall for our
Annual General Meeting! This
meeting will give you the
opportunity to learn more about our
Centre and what we have
accomplished in the last year. You
will also learn about our new and
upcoming events and programs!

Fall 2026 PROGRAMS



REGISTRATION

Program registration begins on Tuesday, September 1st at 9am, and ends Wednesday, September 2nd at 12noon.

You can register on our website, wfr.ca, under the "Register" tab. Confirmations will be sent out Thursday, September 3 before 5pm.

BREASTFEEDING CLASS - TWO PEAKS CONSULTING (EXPECTING MOMS)

Monday Sept 21, 10:00 – 11:30

Expecting a baby and want to learn more about breastfeeding? This one hour session will go over latch, positioning, common problems, and community resources with time at the end for discussion and questions.



TODDLER SHENANIGANS - MS. CHRISSY (AGES 2-5)

Tuesdays, September 15 – October 20, 9:30–11

Explore, create, and get messy with your child at Toddler Shenanigans. Each week a variety of sensory play and art stations will be set up for your child to enjoy at their own pace.



KIT & KABOODLE: STORYBOOK ADVENTURES- MS.CHRISSY (AGES 2-5)

Wednesdays, September 16 – October 21 9:30 – 11:00 (no program Sept 30)

Step into a world where every book becomes an adventure! Each week we'll bring a beloved story to life through playful activities, creative crafts, sensory fun and imagination filled adventures. Come see where the next story takes us!



GROWING TOGETHER: OCCUPATIONAL THERAPY - MS. JENNA (AGES 2-5)

Thursdays, September 17 – October 22, 9:30–11

Learn about your child's development! This program will equip families with what to expect in early childhood, how to support growth at home, and when to seek support and resources in our community.



"Redesigning society for the greatest good by meeting the priority needs of the very young" - Raffi



**WINKLER
COMMUNITY
FOUNDATION**

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PLUM COULEE: FALL ON THE FARM - MS. JULIE (AGES 2-5)

Tuesdays, September 15–November 17, 9:30–11



PLUM COULEE
COMMUNITY
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You are invited to spend your morning with animals on the farm! The morning will begin with a short play time for the kids, allowing time for the moms/caregivers to chat and interact, followed by songs, crafts, stories and snack.

BABY AND ME! (AGES 0-2)

Monday, September 21 9:30 – 11

Drop in any time between 9:30 and 11 for coffee and a chance to chat with fellow caregivers while your baby plays in a safe space. No registration is required and we'll have coffee, tea and water available, as well as fun age appropriate stations set up for your babies.

STAY & PLAY (AGES 0-5)

Fridays, 9am–Noon starting September 11th
(closed October 9 & 23)

No registration required!

Drop in at WFRC anytime between 9am–noon to enjoy unstructured play with your child, have a cup of coffee and a snack, and delight in conversation with fellow caregivers.

UPCOMING FUNDRAISER

We are excited to partner with Mulligans for a one night only fundraiser on October 14th for supper! We will be selling tickets for two meal options and all proceeds will go towards keeping our programs free to the community! The fundraiser will be available for both take out and dine in. Mark your calendars and watch for more details!